

LORNAMACYOGA & SARAMMYOGA
WELCOMES YOU TO

YIN YANG AUTUMN HAVEN

Aromatherapy Yoga Nidra |
Meditation | Pranayama | Vinyasa
Flow | Yin Yoga | Workshop



Saturday 5th October 2019
14:00 – 16:30

£35 or early bird £30
before 27th September

For more information and to book visit
www.clerkenwellbeing.co.uk

178 Goswell Road, Clerkenwell, EC1V 7DT